

## ENGLISH



WASHERCAP™ MINI

IMPORTANT PRODUCT INFORMATION  
INFORMACIÓN IMPORTANTE DE PRODUCTO



ABANZA TECNOMED S.L.  
C/Nueva 29  
31192 Mutilva, Navarra - SPAIN  
Tel: +34 948 044 643  
www.abanzamed.com

Explanation of symbols:  
Explicación de símbolos:

	Catalogue number Número de referencia
	Batch code Código de lote
	Model number Número de modelo
	Use-by date Fecha de caducidad
	Sterilized using ethylene oxide Esterilización por óxido de etileno
	Single sterile barrier system Sistema de Barrera Estéril Único
	Single sterile barrier system with protective packaging outside Un solo sistema de barrera estéril con un envase protector exterior
	No reutilizar
	No re-estérilizar
	1 unit Unidad
	Medical Device Dispositivo Médico
	Unique Device Identifier Identificador único del dispositivo

Do not use if the package is damaged and contains instructions for use.  
No usar si el envase está dañado y consultar las instrucciones de uso.

	Consult instructions for use Consultar las instrucciones de uso
	Manufacturer Fabricante
	Date of manufacture Fecha de fabricación
	Country of manufacture País de fabricación
	Caution Precaución
	Importer Importador
	Distributor Distribuidor
	Translation Traducción
	Keep dry Mantener en un lugar seco
	Keep away from sunlight Mantener alejado de la luz solar
	Fragile, handle with care Frágil, manipular con cuidado
	This way up Este lado hacia arriba
	Recycling Reciclaje
	Caution: U.S. Federal law restricts this device to sale or on the order of a physician. Precaución: La ley federal de EE.UU. restringe la venta de este dispositivo a médicos o por orden de un médico.
	K

### A. DEVICE DESCRIPTION

The WasherCap™ Mini implantable device consists of a cap and screw for suture/tape fixation to bone. The WasherCap™ Mini Fixation System consists of the WasherCap™ Mini implantable device, an inserter, a screwdriver, a drilling guide, a drill bit and a suture threader.

The WasherCap™ Mini implantable device is pre-loaded on the inserter with the suture threader. The drilling guide and the drill bit should be used to perform a drilling guidage specifically to the angulation necessary to create the bone socket where the screw of the implant should be located. The suture/tape is passed through the cap with the suture threader and the screw is threaded with the screwdriver, setting the tension of the suture/tape.

The WasherCap™ Mini Fixation System is available in different sizes: 3.5mm and 4.5mm.

### B. INDICATIONS FOR USE

WasherCap™ Mini Fixation System is intended for fixation of suture/tapes (soft tissue) to bone in the shoulder, knee and hand/wrist, in skeletally mature pediatric and adult patients for the following procedures:

- Meniscal root repair: using non-absorbable UHMWPE USP 2-0 sutures or non-absorbable UHMWPE 1.4-2.2mm tapes.
- Meniscal transplant: using non-absorbable UHMWPE USP 2-0 sutures or non-absorbable UHMWPE 1.4-2.2mm tapes.
- ACL/PCL Repair: using non-absorbable UHMWPE USP 2-0 sutures or non-absorbable UHMWPE 1.4-2.2mm tapes.
- Reconstruction: only with WasherCap™ Mini Fixation System 4.5mm size and using 2 non-absorbable UHMWPE 1.4mm tapes or 1 non-absorbable UHMWPE 2.2mm tape.
- Shoulder:
- Rotator Cuff Repair: using non-absorbable UHMWPE USP 2-0 sutures or non-absorbable UHMWPE 1.4-2.2mm tapes.
- Hand/Wrist:
- TFCC: only with WasherCap™ Mini Fixation System 3.5mm size and using non-absorbable UHMWPE USP 2-0 sutures or non-absorbable UHMWPE 1.4-2.2mm tapes.

IMPORTANT NOTE: See the WasherCap™ Mini Fixation System Surgical Technique for the correct method of tape/or suture fixation.

NOTE: Maximum capacity of sutures or tapes per size (\*):

Size	2-0 suture	1.4mm tape	2mm tape	2.2mm tape
WasherCap™ Mini 3.5mm	7 sutures (14 suture ends)	2 tapes (4 tape ends)	1 tape (2 tape ends)	1 tape (2 tape ends)
WasherCap™ Mini 4.5mm	9 sutures (18 suture ends)	3 tapes (6 tape ends)	2 tapes (4 tape ends)	1 tape (2 tape ends)

(\*): Ensure that your configuration fits through the device correctly before performing surgery.

### C. CONTRAINDICATIONS

The use of WasherCap™ Mini Fixation System is contraindicated in the following cases:

- Limited blood supply and previous infections which may retard healing.
- Foreign body sensitivity and known hypersensitivity to the implant materials. Where foreign body and material sensitivity is suspected, appropriate tests should be performed and sensitivity ruled out prior implantation.
- Active infections at the local site or systemic.
- Conditions which may limit the patient's ability to follow a post-operative regimen or willingness to restrict activities during the healing period.
- Insufficient quantity or quality of bone.
- The use of this device may not be suitable for patients with insufficient or immature bone. The physician should carefully assess bone quality before performing surgery.
- Do not use the WasherCap™ Mini Fixation System for other surgeries than the indicated in these Instructions For Use.
- Any situation that would compromise the ability of the user to follow the instructions for use or using the device for an indication other than those listed.
- Do not use sutures and tapes manufactured with materials not indicated in these instructions for use. Only FDA certified non-absorbable UHMWPE or non-absorbable UHMWPE + PET tracer's sutures and tapes can be used.
- Any concurrent disease that may put at risk the stability of the implant upon doctor's judgment.

### D. ADVERSE EVENTS

- Infections, both deep and/or superficial.
- Allergies and other reactions to the device materials including foreign bodies reactions.
- Implant failure leads to removal and follow-up surgeries.

### E. ADVERSE EVENTS

- Caution: Federal US law restricts this device to sale or on the order of a physician.
- WasherCap™ Mini Fixation System should only be implanted by trained surgeons who are familiar with the clinical use, surgical techniques, proper selection and placement of the WasherCap™ Mini implant device and its associated accessories for achieving a good result and minimizing the risks to patients.

• Size selection of the implant should be made with care taking into consideration the indications of use included in these instructions for use.

• USE-CODE: Do NOT RE-STERILIZE, do not re-use or re-sterilize this device under any circumstances. Re-use of the WasherCap™ Mini Fixation System could cause risks of malfunction, breaking which may compromise device performance as intended and could cause harm to the patient and/or user. Reprocessing of single use devices can also cause cross-contamination leading to patient infection.

• Preoperative weight bearing and other reported stresses on the bone tunnel should be avoided for the device to work properly and to prevent potential damage to the bone tunnel.

• During the postoperative period until healing is complete the fixation provided by this device should be protected and considered temporary as it cannot support weight bearing or other reported stresses. The postoperative regimen prescribed by the physician should be strictly followed. Failure to comply with the postoperative regimen could lead to early failure and affect the expected results.

• After a second wound or lesion on the site of the intervention could appear and/or present discomfort or abnormal feeling due to the presence of the device.

• Any decision to remove the device should be evaluated based on the risk posed to the patient by a second surgical intervention. If the device is removed, adequate postoperative management should be followed.

• Ensure that the device is completely removed in the correct orientation and the WasherCap™ Mini Fixation System are used to implant this device.

• Any component is damaged, a new package of the WasherCap™ Mini Fixation System should be used to obtain a new component. If the implant, a size according to its intended use, is implanted and the size of the bone tunnel may jeopardize the fixation.

• The screwdriver included in the WasherCap™ Mini Fixation System is designed to be used with a screw and a screwdriver and the user wishes to adjust the suture and tape fixation, a new package of the WasherCap™ Mini Fixation System of the same size must be opened to obtain a new screwdriver.

• Bioburden waste, such as explanted devices, single use surgical accessories, and contaminated surgical equipment, should be safely disposed of in accordance with the institution's policy.

• Serious incidents involving the device should be reported to ABANZA or a representative in the country, and to the health authorities corresponding to the place where the incident happened.

• In case the implant requires a removal and a follow-up surgery is scheduled, a device of the same size or one size larger than the one initially implanted should be used. In any case, please contact your ABANZA representative or your local distributor.

### F. MRI (MAGNETIC RESONANCE IMAGING) SAFETY INFORMATION

The WasherCap™ Mini Fixation System has been evaluated for safety in the MR environment. It has not been tested for heating or unwanted movement in the MR environment. The safety of WasherCap™ Mini Fixation System in the MR environment is unknown. Performing an MR exam on a person who has this medical device may result in injury or device malfunction.

F. INFORMACIÓN DE SEGURIDAD DE LA RESONANCIA MAGNÉTICA (RM)

No se ha evaluado la seguridad del Sistema de Fijación WasherCap™ Mini para su seguridad en el entorno de RM. No se ha probado su calentamiento o movimiento no deseado en el entorno de RM. Se desconoce la seguridad del Sistema de Fijación WasherCap™ Mini en el entorno de RM. La realización de un examen de RM en una persona que tenga este dispositivo médico puede provocar lesiones o el mal funcionamiento del dispositivo.

### G. PRECAUTIONS

- When determining the appropriate size of the WasherCap™ Mini Fixation System, surgeons should use professional judgment based on the patient's medical history, the surgical technique to be employed and the intended use of the WasherCap™ Mini Fixation System. Surgeons are advised to review the device-specific surgical techniques, ABANZA offers a detailed description of surgical techniques in a variety of formats (print, video, electronic). More detailed information on surgical techniques and demonstrations can be found on the ABANZA website. For an on-site demonstration, please contact your ABANZA representative.

• Measurement of the tunnel diameter and the proper implant selection are critical to maintain functionality of the implant construct.

• The surgeon should properly orient the device to function properly.

• Inserting the cap into the bone tunnel with the recommended force may damage the device or suture construct. Inserting the WasherCap™ Mini implantable device in an incorrect position in the bone tunnel axis may jeopardize the fixation.

• During the screw insertion phase, it is important for the user to only rotary movements of the screwdriver and not to move the device with the screwdriver.

• During the insertion phase, it is important for the user to only rotary movements of the screwdriver and not to move the device with the screwdriver.

• Any component does not match the size of the bone tunnel can jeopardize the fixation.

• The screwdriver included in the WasherCap™ Mini Fixation System is designed to be used with a screw and a screwdriver and the user wishes to adjust the suture and tape fixation, a new package of the WasherCap™ Mini Fixation System of the same size must be opened to obtain a new screwdriver.

• Any component is damaged, a new package of the WasherCap™ Mini Fixation System should be used to obtain a new component. If the implant, a size according to its intended use, is implanted and the size of the bone tunnel may jeopardize the fixation.

• Do not use the implant or its associated surgical accessories if gets contaminated (in contact with non-sterile surfaces) or suspected to be contaminated either externally or during the surgery.

• Some instruments included in the WasherCap™ Mini Fixation System, due to their intended use, have sharp edges that can cause damage on sutures, tapes or implants.

• In case the implant requires a removal and a follow-up surgery is scheduled, a device of the same size or one size larger than the one initially implanted should be used. In any case, please contact your ABANZA representative or your local distributor.

### H. PACKAGING AND STERILITY

WasherCap™ Mini Fixation System (implantable device and its associated single use surgical accessories) is provided STERILE and ready to use. Refer to the package label for the sterilization method. WasherCap™ Mini Fixation System must not be re-sterilized under any circumstance as it is provided in a terminally sterilized configuration.

### I. MATERIAL SPECIFICATIONS

• WasherCap™ Mini implantable device - the implantable part of the WasherCap™ Mini Fixation System is composed of:

- Cap-PEEK - Polyetheretherketone and titanium alloy.
- Screw - Titanium alloy.

• WasherCap™ Mini associated surgical accessories:

- Inserter - WasherCap™ Mini: This part of the inserter is for single use and is intended for non-invasive use.
- Handle part - Polymide (PA). This part of the screwdriver is for single and non-invasive use.

• Screwdriver - WasherCap™ Mini: This component is for single use and is not intended to be implanted.

• Metal part - Stainless Steel. This part of the screwdriver is for single and non-invasive use.

• Drill bit - WasherCap™ Mini: Nitrol and Stainless Steel. This component is for single use and intended for non-invasive use (not intended to be implanted).

• Drilling guide - WasherCap™ Mini: Polyamide (PA). This component is for single use and intended for transient use (not intended to be implanted).

• Drill bit - WasherCap™ Mini: Stainless Steel. This component is for single use and intended for transient use (not intended to be implanted).

• Suture threader - WasherCap™ Mini: Nitrol and Stainless Steel. This component is for single use and intended for non-invasive use (not intended to be implanted).

• Suture - Polyester (PA). This component is for single use and intended for non-invasive use (not intended to be implanted).

• Suture - Polyester (PA). This component is for single use and intended for non-invasive use (not intended to be implanted).

• Suture - Polyester (PA). This component is for single use and intended for non-invasive use (not intended to be implanted).

• Suture - Polyester (PA). This component is for single use and intended for non-invasive use (not intended to be implanted).

• Suture - Polyester (PA). This component is for single use and intended for non-invasive use (not intended to be implanted).

• Suture - Polyester (PA). This component is for single use and intended for non-invasive use (not intended to be implanted).

• Suture - Polyester (PA). This component is for single use and intended for non-invasive use (not intended to be implanted).

• Suture - Polyester (PA). This component is for single use and intended for non-invasive use (not intended to be implanted).

• Suture - Polyester (PA). This component is for single use and intended for non-invasive use (not intended to be implanted).

• Suture - Polyester (PA). This component is for single use and intended for non-invasive use (not intended to be implanted).

• Suture - Polyester (PA). This component is for single use and intended for non-invasive use (not intended to be implanted).

• Suture - Polyester (PA). This component is for single use and intended for non-invasive use (not intended to be implanted).

• Suture - Polyester (PA). This component is for single use and intended for non-invasive use (not intended to be implanted).

• Suture - Polyester (PA). This component is for single use and intended for non-invasive use (not intended to be implanted).

• Suture - Polyester (PA). This component is for single use and intended for